

Foundation Course -Tentative plan

Mysore Medical College & Research Institute, Mysore.

Date	Day	9 – 10 AM	10 – 11 AM	11 – 12 AM	12 – 1 PM	1 – 2	2 – 4 PM	4 – 6 PM
01	THU	Freshers' day-			Welcome, History of MMC, overview of MBBS course orientation to pre-clinical departments, Expectation from the student, Gender Sensitisation	L U N C H	PTM, student grouping for mentorship	PTM student grouping for mentorship
02	FRI	Campus Tour			Library, Sports Ground, College, Hospital and Common areas		Language and Computer skills Kan/Eng/ Comp.	Sports and Extra curricular
03	SAT	Lifestyle of Medical student MEU team+ Wardens		Senior student experience sharing Dr. Sumanth	White Coat oath Dr. Sumanth	L U N C H	Kan/Eng/ Comp.	Sports and Extra curricular
05	MON	Stress and time Management			Dr. Raveesh, Dr. Meera, Dr. MAK		Kan/Eng/ Comp.	Sports and Extra curricular
06	TUE	Learning pattern creative & innovative approach / skills			Dr. Asha Dr. Ravish Dr. Shubha Dr. MAK		Kan/Eng/ Comp.	Sports and Extra curricular

07	WED	Orientation to 1st year M.B.B.S. Dr. Parashuram, Dr. Revathi Devi , Dr.Meera		Kan/Eng/ Comp.	Sports and Extra curricular
08	THU	Doctor Role / Responsibility in society AETCOM 1.1 panel Discussion		Kan/Eng/ Comp.	Sports and Extra curricular
09	FRI	CBME and Alternate Health Systems Dr. Hema Dr. Manjunatha		Kan/Eng/ Comp.	Sports and Extra curricular
10	SAT	Field visit / Skill module Community Medicine + Curriculum Committee+ Anaesthesia		FV/Skill module	----
14	WED	ATCOM Module 1.1		Kan/Eng/ Comp.	Sports and Extra curricular
15	THU	'I' DAY – Student activity and celebration of I Day		-----	-----
16	FRI	Attitude & Aptitude Dr. Raveesh		Kan/Eng/ Comp.	Sports and Extra curricular
17	SAT	Field visit / Skill Module		FV/Skill module	---
19	MON	Team work & Leadership Dr. Raveesh & Community Medicine & Surgery	L U N C H	Kan/Eng/ Comp.	Sports and Extra curricular
20	TUE	Communication Skills – I Dept. of Psychiatry & Dr. Sumanth		Kan/Eng/ Comp.	Sports and Extra curricular
21	WED	Communication Skills – II Dept. of Psychiatry & Dr. Sumanth		Kan/Eng/ Comp.	Sports and Extra curricular

22	THU	Vaccination, visit to all laboratories attached to MMC&RI Lab Departments will coordinate	L U N C H	Kan/Eng/ Comp.	Sports and Extra curricular
23	FRI	Ethics – I Dr. Raveesh & Team		Kan/Eng/ Comp.	Sports and Extra curricular
24	SAT	Field visit / Skill Module		FV/skills module	---
26	MON	Ethics – II Dr. Raveesh & Team		Kan/Eng/ Comp.	Sports and Extra curricular
27	TUE	Professionalism Different departments		Kan/Eng/ Comp.	Sports and Extra curricular
28	WED	Psycho behaviour & Cultural Aspects of Health and Disease Psychiatry and Community Medicine		Kan/Eng/ Comp.	Sports and Extra curricular
29	THU	Goal directed behaviour - workshop Dr. MAK		Kan/Eng/ Comp.	Sports and Extra curricular
30	FRI	AETCOM Module – 5, Cadaver as a teacher Dr. Seema & Dr. Parashuram		Kan/Eng/ Comp.	Sports and Extra curricular
31	SAT	Field visit / Skills Module		Skill module	---